



PEGGY TRUSCOTT AWARD OF HOPE

About the Award

This annual award was created to celebrate and acknowledge the dedication of an individual or group who volunteers to support the mission of Ovarian Cancer Canada. It recognizes involvement, contribution and/or achievements within the recipient's (or recipients') community.

The **Peggy Truscott Award of Hope** was established in 2003 to memorialize the late Peggy Truscott. Peggy was an incredible person whose commitment to and involvement with Ovarian Cancer Canada created a legacy among the ovarian cancer community. Peggy's biography is at the end of this document (page 9).

Award Criteria

The nominee(s) can meet **one or more** of the following requirements:

- has been involved in a variety of volunteer activities;
- has provided long term service;
- was responsible for a single action or event that had a large impact;
- advanced the mission of Ovarian Cancer Canada through their skill, experience and/or service.

Peggy's volunteer activities have had long lasting impact in the ovarian cancer community and the characteristics and attributes that she displayed have become part of the criteria for the Peggy Truscott Award of Hope. The individuals (or groups) nominated must exhibit:

- Community Impact
- Dedication and Effort
- Inspiration

as applied to volunteer activities on behalf of Ovarian Cancer Canada.

Nomination Process

The nominator must submit:

1. A completed Official Nomination Form (page 4-5) and
2. Letter(s) of Support (page 6)

A selection committee reviews all nominations and identifies the recipient(s).



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Presentation of the Award

The Peggy Truscott Award of Hope is presented to the recipient(s) at the Ovarian Cancer Canada Walk of Hope location closest to their home. In circumstances where this is not possible, alternative plans are considered. Travel and lodging costs are included in the award to enable the recipient and one guest to attend. In the event a group is the recipient, the awardees will be asked to select two representatives to attend the award presentation.

Description of the Award

The Peggy Truscott Award of Hope is represented by a work of stained glass art of a sunflower. A sunflower stands strong in the wind and faces towards the sun which reflects Peggy's eternal optimism, her love of this organization, her love of life and the sun. The name of the recipient will be engraved in the glass.

Ovarian Cancer Canada – Mission Statement

Ovarian Cancer Canada is dedicated to affecting changes that save lives. The organization propels scientific discoveries and research breakthroughs, ensures women with ovarian cancer can thrive, and stops this disease from developing in the first place.

Confidentiality

All information provided to Ovarian Cancer Canada is confidential and exclusively for the use of the Peggy Truscott Award of Hope Selection Committee.



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Nomination Guidelines

1. Nominees may be self-nominated.
2. The nominee(s) should be an individual or group that currently resides in Canada and has contributed significantly to Ovarian Cancer Canada's mission in Canada.
3. Local, provincial, and/or national nominations are encouraged. Ovarian Cancer Canada is inclusive and welcomes nominations of individuals and groups of diverse backgrounds.
4. Nominators are expected to notify the person they wish to nominate before submitting their name for consideration.
5. Only one of the following may be completed by a family member:
 - a) Nomination Form, OR
 - b) Letter of Support.
6. Ovarian Cancer Canada staff and members of the Board of Directors are not eligible to nominate or to provide letters of support.
7. Members of the Board of Directors of Ovarian Cancer Canada are not eligible for nomination while active Board Members.
8. The nomination documents must be completed on 8 ½ x 11 paper, typed, or clearly hand-written in dark ink. Do not use staples, dividers, binders or folders — paperclips only.
9. Nominations stand only for the year in which they are submitted.
- 10. Nominations will NOT be accepted unless the above guidelines are met.**



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OFFICIAL NOMINATION FORM

Section 1

A. The Nominee(s):

Nominees can be self-nominated

If a group is being nominated, please include a list with the following information for each individual in the group

Name: _____

Address: _____ City: _____

Province: _____ Postal Code: _____

Phone day: _____ Phone evening: _____

Email: _____

B. Name of Nominating Individual and/or Nominating Organization:

(If a group is the nominator, kindly provide the group name and one contact name.)

Name: _____

Signature: _____

Address: _____ City: _____

Province: _____ Postal Code: _____

Phone day: _____ Phone evening: _____

Email: _____

Relationship to
Nominee(s): _____

C. Please confirm that the nominee(s) has been notified of the nomination by initialing here. _____



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Section 2 - Summary of Ovarian Cancer Canada Volunteer Activities

The nominee(s) can meet one or more of the following criteria:

- has been involved in a variety of volunteer activities;
- has provided long term service;
- was responsible for a single action or event that had a large impact;
- advanced the mission of Ovarian Cancer Canada through their skill, experience and/or service.

Please indicate which category (categories) the nominee fits into.

Describe the nature and range of the Ovarian Cancer Canada volunteer activities in which the individual or group participated.

Section 3 - Description of Nominee's Qualifications

Provide a statement (minimum limit of 250 words and maximum limit of 500 words) detailing why the nominee(s) should be considered for this award. Specifically, please comment on how the nominee(s) satisfies each of the following criteria (see below) with specific examples for each.

- **Community Impact**
Describe the results/ impact of the volunteer activity (activities). This could include the number of people reached and how the volunteer contributions of the nominee(s) made a difference in the ovarian cancer community. Describe how these benefits may continue beyond the nominee's involvement.
- **Dedication and Effort**
In what ways has the nominee(s) demonstrated a sustained commitment to and a passion for making a difference through their volunteer work with Ovarian Cancer Canada? Describe any challenges, (personal, social, geographic or other) that the nominee(s) has overcome to make this contribution.
- **Inspiration**
How has the nominee(s) inspired others? Have they become a role model? Have they inspired others to join them or get involved with the cause? Have they used networking, social media or media to raise the profile of ovarian cancer and Ovarian Cancer Canada? How do they share their experience and knowledge with others? Provide specific examples.



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Section 4 - Letters of Support

Self-nominated candidates: Please include two letters of support. Only one letter of support may be written by a family member.

If the nominee(s) has been nominated by someone else, two letters of support can be submitted but only one is required. A family member can complete the nomination OR a letter of support, NOT BOTH.

Each letter must be one page in length and be addressed to the Selection Committee. The most effective letters come from a variety of supporters. Please be sure the person's name, contact information and relationship to the nominee(s) are included on each letter of support.



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Submitting the Nomination Package

Checklist

- Official Nomination Form is signed by the NOMINATOR which includes:
 - Summary of Ovarian Cancer Canada Volunteer Activities
 - Description of Nominee's qualifications
 - Within the word maximum
 - Detailing how the nominee demonstrates Community Impact through their volunteer activities, Dedication and Effort and Inspiration\

- Nominee(s) has been notified of the nomination by the Nominator

- Letters of Support (2 required for self-nominated candidates, only 1 required for others)
 - Person's name
 - Contact information
 - Relationship to the nominee(s)

- Nomination Guidelines are followed (page 3)

Nomination packages will be accepted between April 16, 2018 and May 25, 2018
by e-mail, mail, courier, in person to:

**Ovarian Cancer Canada
Attn: Peggy Truscott Award of Hope,
#205-145 Front Street East
Toronto, Ontario M5A 1E3**

Or by email to: **Marilyn Sapsford** at msapsford@ovariancanada.org

Deadline for Submission: May 25, 2018 - 4:00 p.m. (Eastern Time)

For further information please contact:

Marilyn Sapsford
Phone: 1-877-413-7970 ext.231
Email: msapsford@ovariancanada.org

**NOTE: Documents received after the deadline will NOT be accepted.
Nomination packages will not be returned.**



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Acknowledgement of Nomination

- Acknowledgement will be sent to the nominator upon receipt of the nomination confirming that the nomination has been received by the National Office of Ovarian Cancer Canada.
- Each nominee(s) will receive an email from Ovarian Cancer Canada acknowledging his/her nomination for the Peggy Truscott Award of Hope.
- The Award recipient(s) will be notified by **June 28, 2018**.



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Biography of Peggy Truscott

Ovarian Cancer Canada's Peggy Truscott Award of Hope was established in 2003 to memorialize the late Peggy Truscott. Peggy was an incredible person whose commitment to and involvement with Ovarian Cancer Canada created a legacy among the ovarian cancer community.

Peggy was born and raised in Toronto and graduated from St. Michael's Hospital School of Nursing in 1969. She spent many years in her profession working as a nurse at St. Michael's Hospital and the Toronto Western Hospital. Peggy was motivated to learn throughout her life, completing her Bachelor of Science in Nursing at Ryerson University in 1994 and pursuing her Masters of Education. She continued her career as a nursing instructor at several community colleges in Toronto, as a visiting nurse with the Victorian Order of Nurses and as a Public Health Nurse with the City of Toronto. Peggy's kindness, generosity and gentleness were felt by everyone with whom she came in contact in both her personal and professional life.

In 2000, one year after a diagnosis of ovarian cancer, Peggy sought out and became involved as an active volunteer with Ovarian Cancer Canada, and was appointed to the Board of Directors in 2003.

Despite the physical and emotional challenges of living with ovarian cancer and its treatments, Peggy was determined to dedicate time and energy to helping women who were newly diagnosed, by educating others about Ovarian Cancer Canada and raising awareness of the disease within the community.

In the summer of 2002 Peggy recognized the need for an event that would bring women with ovarian cancer together with their families and friends. She thought that an organized walk would achieve this goal. Her wish was that women living with ovarian cancer would be able to gather and feel empowered by meeting others who could relate to their experiences. Such an event would also raise awareness about the disease and offer family and friends an opportunity to be supportive and involved.

Her dedication to the cause, desire to educate others, and most importantly, her wish to create an event that would give hope to women living with ovarian cancer, fueled Peggy's dedication. With Ovarian Cancer Canada's support, Peggy organized the first ever **Walk of Hope for Ovarian Cancer Canada**, which was **held in Toronto on September 29, 2002**.

In the years following, the Ovarian Cancer Canada Walk of Hope has grown into a national walk in many major centres and smaller communities across the country, raising millions of dollars in support of the mission of Ovarian Cancer Canada. Peggy would be thrilled with the success of the Walk!