

# Talk to your doctor about:

## Clinical trials

Clinical trials are research studies used to test new health interventions, such as medications, on voluntary participants.

### What you should know:

- Clinical trials can help connect you with new and emerging treatments for ovarian cancer.
- Extensive precautions are taken during a clinical trial to minimize your risk. You will be very closely monitored.
- Your cancer centre may have clinical trials navigators. These are people who can help you find a clinical trial, explain the eligibility criteria, and help you decide if joining the clinical trial is right for you.
- Placebos cannot be used in cancer trials if there is an effective treatment available. Therefore, you will still receive a treatment, either the new therapy being tested, or the current best standard of care.
- If your medical team is not open to discussing clinical trials, visit [ovariancanada.org/clinicaltrials](http://ovariancanada.org/clinicaltrials) for support.

### Questions you can ask:

- What clinical trials are available to me? How do I find out if I'm eligible?
- Does my cancer centre have a clinical trials navigator who can connect me with appropriate clinical trials?
- How will I be alerted if a future clinical trial becomes available that is appropriate for me?
- If we find a clinical trial that might be appropriate for me, what are the next steps?
- What type of clinical trial should we be looking for? What keywords should we be searching?



