## WORKSHEET



## TALKING TO YOUR DOCTOR ABOUT CLINICAL TRIALS

Clinical trials are research studies used to test new health interventions, such as medications, on voluntary participants.

## WHAT YOU SHOULD KNOW:

- Clinical trials can help connect you with new and emerging treatments for ovarian cancer.
- Extensive precautions are taken during a clinical trial to minimize your risk. You will be very closely monitored.
- Your cancer centre may have Clinical Trials Navigators. These are people who can help you find a clinical trial, explain the eligibility criteria, and help you decide if joining the clinical trial is right for you.
- Placebos ("sugar pills") cannot be used in cancer trials if there is an effective treatment available. Therefore, you will still receive a treatment, either the new therapy being tested, or the current best standard of care.
- If your medical team is not open to discussing clinical trials, visit ovariancanada.org/clinical trials for support.

## **QUESTIONS YOU CAN ASK:**

- 1. What clinical trials are available to me? How do I find out if I'm eligible?
- 2. Does my cancer centre have a clinical trials navigator who can connect me with appropriate clinical trials?
- 3. How will I be alerted if a future clinical trial becomes available that is appropriate for me?
- 4. If we find a clinical trial that might be appropriate for me, what are the next steps?
- 5. What type of clinical trial should we be looking for? What keywords should we be searching?



